

MODIFIED VISUAL ANALOGUE SCALE OF THE FIBROMYALGIA IMPACT QUESTIONNAIRE (mVASFIQ)

Directions: Please indicate by marking a “/” through the line at a point that best indicates how you’ve felt overall for the past week.

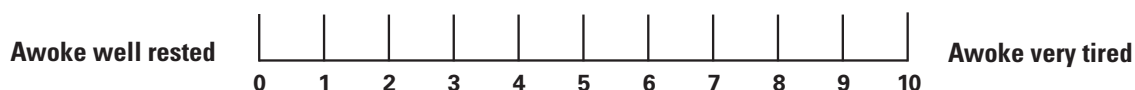
FATIGUE:

How tired have you been?



INSOMNIA:

How have you felt when you got up in the morning?



BLUES:

How depressed or blue have you felt?



How nervous or anxious have you felt?



RIGIDITY:

How bad has your stiffness been?



OW!:

How bad has your pain been?



When you worked, how much did pain or other symptoms interfere with your ability to do your work, including housework?



The FIBRO mnemonic can be used to remember the items on this questionnaire (mVASFIQ). VASFIQ modified with permission from RM Bennett. Adapted with permission from *The Journal of Rheumatology* © Burckhardt, C. S., Clark, S. R. & Bennett, R. M. The fibromyalgia impact questionnaire: development and validation. *J Rheumatol.* 18, 728-734 (1991).

Adapted from Boomershine C, Crofford L. *Nat Rev Rheum.* 2009;5:191-199.